



## EVIKO Suusarull 2019

### General Rules

#### 1. Purpose and target

EVIKO Suusarull is a roller skiing competition series consisting of 5 stages, which are suitable for skiers in all ages and skill levels. The purpose of this series is promoting roller skiing among children, amateur and professional athletes.

#### 2. Stages and schedule

Date	Place	Technique
16.06.2019	<b>Lange Motocenter</b> , Kastre parish, Tartu county	Free Sprint
14.07.2019	<b>Alutaguse Sportscentre</b> , Ida-Virumaa	Classic
04.08.2019	<b>Nevene Rollerski Marathon</b> Jõulumäe Sportscentre, Pärnumaa	Free Marathon
24.08.2019	<b>Võru Roller</b>	Classic
21.09.2019	<b>Tartu Sügisrull</b>	Run + Free

Every stage will have its own detailed rules, which will be published before the stage. If there are conflicts between general rules and stage rules, the latter one is superior.

#### 3. Age groups

**W12** (born between 2007-2008), **M12** (2007-2008), **W14** (2005-2006), **M14** (2005-2006), **W16** (2003-2004), **M16** (2003-2004), **W20** (1999-2002), **W** (1985-1998), **M20** (1999-2002), **M** (1975-1998), **W35+** (born 1984 or earlier) ja **M45+** (born 1974 or earlier).

Participants born later than 2008 have to present a written permission from a coach. Organizers have the right to re-arrange age groups according to the number of registered participants.

#### 4. Registering

Pre-registering:

- for all stages June 12th 2019
- for each stage not later than the last Wednesday before the race

For registering please fill the form in the website [www.tartusuusaklubi.ee](http://www.tartusuusaklubi.ee)

#### 5. Entry fees

Entry fee for each stage:

- Years of birth **1999 and later** pre-registered **7€** (registering after **June 12th** and in the start 15€)
- Years of birth **1998 and earlier** pre-registered **15€** (registering after **June 12th** and in the start 30€)

Entry fee for all stages if you pre-register and pay before June 12th:

- Years of birth **1999 and later** **28€**
- Years of birth **1998 and earlier** **60€**

The entry fee has to be paid on the **MTÜ Tartu Suusaklubi** bank account **EE402200221010980313** in Swedbank, marking EVIKO Suusarull, stage number and participant's name as an explanation. You can also pay in cash at the start when receiving your start number.

In case you cannot participate, the entry fee will not be refunded.

The entry fee provides marked race tracks, start number, timekeeping, result in the finish protocol, medical help, if needed.

## 6. Equipment

Restrictions for equipment (including the use of organizer's rollerskis) are defined in the more specific stage rules.

- It is compulsory to use ski poles.
- Roller skis need to have ski bindings.
- Ski boots have to be attached to roller skis using ski bindings.

## 7. Safety

PARTICIPANTS MUST WEAR A HELMET DURING THE ROLLERSKIING. Racers without helmet are disqualified. Racers without a helmet and/or glasses are not allowed to roller skiing start. It is also recommended to use additional protective gear.

All participants will compete on their own responsibility. It is presumed that participants won't do any dangerous moves and avoid pushing. Clear violators are disqualified.

## 8. Responsibility

Everybody whose physical form and training allows covering their race distance can participate at EVIKO Suusarull. By registering, each participant confirms that he/she has read and fully understands these rules and competes at his/her own responsibility. Responsibility for minors is covered by their parents. It is highly recommended to have a health insurance. Organizers are not responsible for any health concerns, accidents, loss or breakage of personal equipment.

## 9. Medical help

Medical service is provided by professional medical staff. If you notice someone in need for medical help, please notify medical workers, organizers or call 112 for emergency. It is not recommended to participate when feeling bad.

## 10. Information and results

Information and results will be posted on the following websites: [www.tartusuusaklubi.ee](http://www.tartusuusaklubi.ee) and EVIKO Suusarull Facebook page.

Preliminary results are published at the race site.

Protests must be submitted to the secretariat no later than 15 minutes after the publication of preliminary results.

## 11. Ranking

**From Estonian Championships can earn also overall ranking points.**

**Four best results out of six (5 stages of Eviko Suusarull and Estonian Championship) are taken into account for the series overall ranking, must be started at least in four stages of Eviko Suusarull.**

Final positions on each stage (stages of Eviko Suusarull and Estonian Championship) give points as follows: I-30, II-25, III-21, IV-18, V-17, VI-16, VII-15, VIII-14, IX-13, X-12, XI-11, XII-10, XIII-9, XIV-8, XV-7, XVI-6, XVII-5, XVIII-4, XIX-3, XX-2, XXI and other positions each get 1 point.

The winner of EVIKO Suusarull series is the racer with most points. In case of equal points, the winner is the one with most first places. In case these are equal, the winner is the one with better places on stages. In case these are equal as well, the winner is the one with a better place on the last stage.

## 12. Prizes

The stage winners of each age group will be given prizes. The five best in youth groups are honored with diplomas and presents from sponsors. The three overall best in the series ranking will receive prizes.

In every Eviko Suusarull stage will be drawn out one pair of Swix Triac 3.0

Between all participants who will take part of all five Eviko Suusarull stages will be drawn out Polar Vantage V.

## 13. Personal data

By registering, each participant confirms that his/her name, age group and results can be publicly displayed and the organizers have the right to use any photographic and video material of him/her for promoting the event.

## 14. Additional information

All issues not discussed in this guide will be solved by organizing committee. Organizers will follow present rules, but have the right to change them, if it is in the best interest of the race and competitors.

## 15. Organizers

MTÜ Tartu Suusaklubi amateur skiers

### The team:

Andres Nurk +372 51 46 181 the race manager  
 Ave Nurk +372 51 56 160 secretary  
 Kristjan Külm +372 55 522 426 chief judge of competitions

e-mail: [suusarull@suusaklubi.ee](mailto:suusarull@suusaklubi.ee)



Name sponsor: