



## EVIKO Suusarull Valgehobusemäe Stage Rules July 15th 2018

### 1. Place, distance and program

**Place:** Valgehobusemäe Ski and Recreation Centre, Järva County, <http://www.valgehobuse.ee>

#### Race format:

All races are held in classic technique on a 900 m lap as follows:

#### Pre-races: Interval starts

According to results of pre-races all participants will be placed to the *Ski-off* table (see the example in the annex of stage rules).

**Final races** take place from interval start for two racers at the same time. Winner of the two racers will continue in next round. The loser will drop off the competition and will get the position in final result according to the qualification time. Losers of half finals will race for the third place.

#### Program:

Secretariat is open from 10 (registering in the start until 10.30)

The track is open for warm-up 10.00 – 10.55

Start times from 11.00

Rewarding ca 15.00

The start list and final program will be published on July 13th, the latest.

### 2. Age groups

**W12** (born between 2006-2007), **M12** (2006-2007), **W14** (2004-2005), **M14** (2004-2005), **W16** (2002-2003), **M16** (2002-2003), **W20** (1998-2001), **M20** (1998-2001), **W** (1984-1997), **M** (1974-1997), **W35+** (born 1983 or earlier) and **M45+** (born 1973 or earlier).

Participants born later than 2007 have to present a written permission from a coach. Organizers have the right to re-arrange age groups according to the number of registered participants.

### 3. Equipment

**Organizers will provide official roller ski equipment Elpex Wasa 610, which will be distributed immediately before the start. For warm-up the competitors are required to use their own rollers.**

To prepare the rollers provided by organizers, please mark the type of your binding to the registration form.

### 4. Registering

Pre-registering until **July 11th 2018**.

For registering please fill the form in the website [www.tartusuusaklubi.ee](http://www.tartusuusaklubi.ee)

The number of new registrants at the start site is limited.

### 5. Entry fees

- Entry fee for stage:

- Years of birth 1998 and later pre-registered **5€** (registering after **July 11th** and in the start 10€)

- Years of birth 1997 and earlier pre-registered **12€** (registering after **July 11th** and in the start 25€)

The entry fee has to be paid on the MTÜ Tartu Suusaklubi bank account EE402200221010980313 in Swedbank, marking EVIKO Suusarull and participant's name as an explanation. You can also pay in cash at the start when receiving your start number. In case you cannot participate, the entry fee will not be refunded.

## 6. Safety

Participants must wear **helmet** during the race. Racers without helmet are disqualified. Racers without a helmet and/or glasses are not allowed to start. It is also recommended to use additional protective gear.

All participants will compete on their own responsibility. It is presumed that participants won't do any dangerous moves and avoid pushing. Clear violators are disqualified.

## 7. Responsibility

Everybody whose physical form and training allows covering their race distance can participate at EVIKO Suusarull. By registering, each participant confirms that he/she has read and fully understands these rules and competes at his/her own responsibility. Responsibility for minors is covered by their parents. It is highly recommended to have a health insurance. Organizers are not responsible for any health concerns, accidents, loss or breakage of personal equipment.

## 8. Medical help

Medical service is provided by professional medical staff. If you notice someone in need for medical help, please notify medical workers, organizers or call 112 for emergency. It is not recommended to participate when feeling bad.

## 9. Information and results

Information and results will be posted on the website [www.tartusuusaklubi.ee](http://www.tartusuusaklubi.ee) and EVIKO Suusarull Facebook page.

Preliminary results are published at the race site.

Protests must be submitted to the secretariat no later than 15 minutes after the publication of preliminary results.

## 10. Prizes

Three bests in adult and age groups W20/M20 and five best in youth age groups receive diplomas and presents from sponsors.

## 11. Additional information

All issues not discussed in this guide will be solved by organizing committee. Organizers will follow present rules, but have the right to change them, if it is in the best interest of the race and competitors.

## 12. Organizers

MTÜ Tartu Suusaklubi amateur skiers

### The team:

Andres Nurk +372 51 46 181 the race manager  
Ave Nurk +372 51 56 160 secretary  
Kristjan Külm +372 55 522 426 equipment and tracks  
Jaak Teppan +372 51 53 557 timing

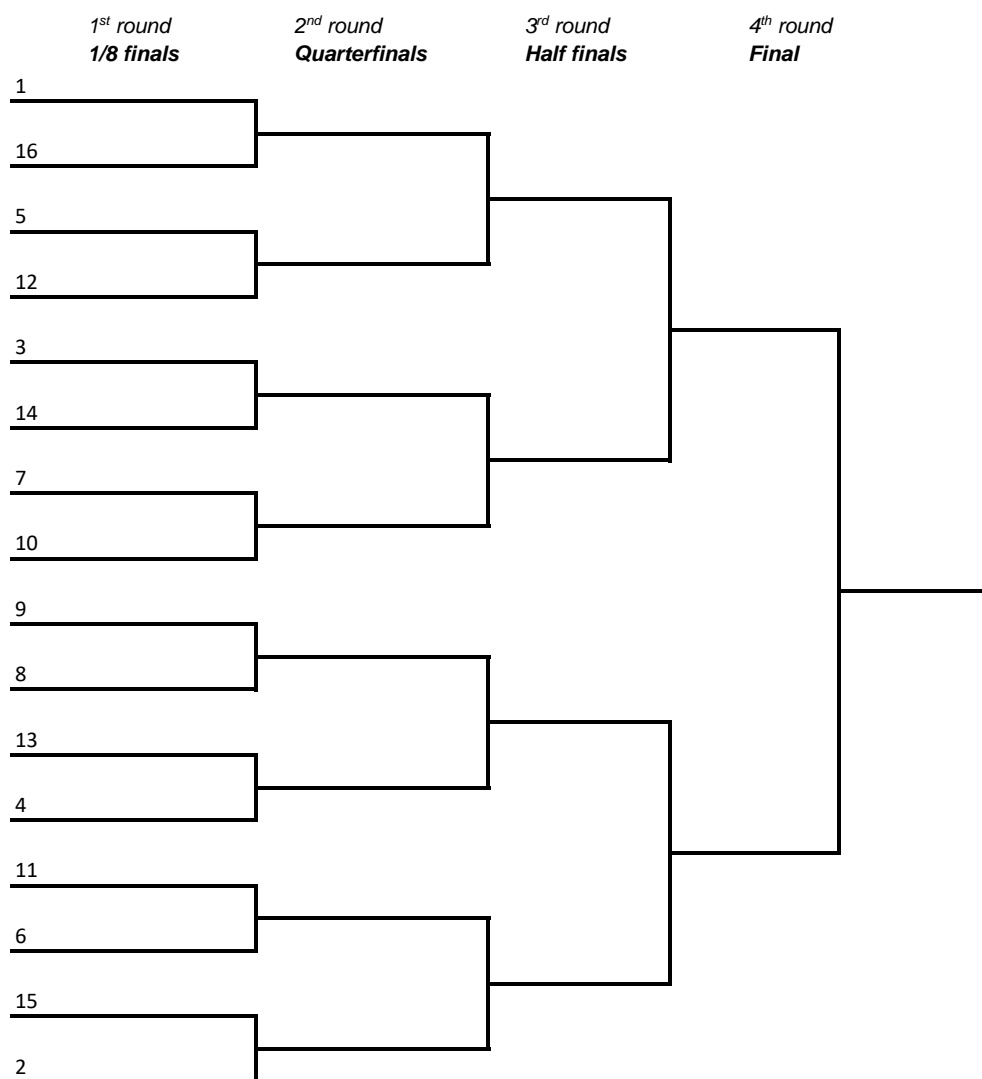
e-mail: [suusarull@suusaklubi.ee](mailto:suusarull@suusaklubi.ee)





## Annex to Valgehobusemäe Stage Rules

### Ski-off table (16 participants)



- All participants will be placed in the table according to the results of qualification (the number in front of the row shows the result of the qualification)
- Finals will be held in pairs and according to the table. Winner of the two participants will continue in next round. The loser will drop off the competition and will get the position in final results as follows:
  - All participants who drop off in first round will ranked in positions 9 and more according to the results of qualification.
  - All participants who drop off in second round will ranked in positions 5-8 according to the results of qualification.
- Losers of a third round will race for the third place.
- If there are less than 16 participants in an age group then the fastest of the qualification are free in the first round.