



EVIKO Suusarull 2020

General Rules

1. Purpose and target

EVIKO Suusarull is a roller skiing competition series, which are suitable for skiers in all ages and skill levels. The purpose of this series is promoting roller skiing among children, amateur and professional athletes.

2. Stages and schedule

| Date | Place | Technique |
|------------------|---|---------------------------------|
| 04.07.2020 | Jõulumäe SPRINT (FIS) Jõulumäe Sportscentre, Pärnumaa | Free Sprint |
| 04.07.2020 | Nevene Rollerski Marathon Jõulumäe Sportscentre, Pärnumaa | Free Marathon |
| 02.08.2020 | Võru Roller | Classic |
| 29.08-30.08.2020 | Estonian championship (FIS) | Classic Sprint Free distance |
| 26.09.2020 | Tartu Sügisrull | Run + Free |

Every stage will have its own detailed rules, which will be published before the stage. If there are conflicts between general rules and stage rules, the latter one is superior.

3. Age groups

W12 (born between 2009-2010), **M12** (2009-2010), **W14** (2007-2008), **M14** (2007-2008), **W16** (2005-2006), **M16** (2005-2006), **W20** (2001-2004), **W** (1986-2000), **M20** (2001-2004), **M** (1976-2000), **W35+** (born 1985 or earlier) ja **M45+** (born 1975 or earlier).

Participants born later than 2009 have to present a written permission from a coach. Organizers have the right to re-arrange age groups according to the number of registered participants.

4. Registering

Pre-registering for each stage not later than the last Wednesday before the race

For registering please fill the form in the website www.tartusuusaklubi.ee

5. Entry fees

Entry fee for each stage:

- Years of birth **2001 and later** pre-registered **7€** (registering after **pre-registering** and in the start 15€)
- Years of birth **2000 and earlier** pre-registered **15€** (registering after **pre-registering** and in the start 30€)

The entry fee has to be paid on the **MTÜ Tartu Suusaklubi** bank account **EE402200221010980313** in Swedbank, marking EVIKO Suusarull, stage number and participant's name as an explanation. You can also pay in cash at the start when receiving your start number.

In case you cannot participate, the entry fee will not be refunded.

The entry fee provides marked race tracks, start number, timekeeping, result in the finish protocol, medical help, if needed.

6. Equipment

Restrictions for equipment (including the use of organizer's rollerskis) are defined in the more specific stage rules.

- It is compulsory to use ski poles.
- Roller skis need to have ski bindings.
- Ski boots have to be attached to roller skis using ski bindings.

7. Safety

PARTICIPANTS MUST WEAR A HELMET DURING THE ROLLERSKIING. Racers without helmet are disqualified. Racers without a helmet and/or glasses are not allowed to roller skiing start. It is also recommended to use additional protective gear.

All participants will compete on their own responsibility. It is presumed that participants won't do any dangerous moves and avoid pushing. Clear violators are disqualified.

8. Responsibility

Everybody whose physical form and training allows covering their race distance can participate at EVIKO Suusarull. By registering, each participant confirms that he/she has read and fully understands these rules and competes at his/her own responsibility. Responsibility for minors is covered by their parents. It is highly recommended to have a health insurance. Organizers are not responsible for any health concerns, accidents, loss or breakage of personal equipment.

By registration, the participant confirms:

- has read this competition guide
- **complies with the orders of the Government of the Republic established for the prevention of the spread of COVID-19 virus and the recommendations of the Ministry of Culture and the Health Board.**
- **he and the accompanying team members do not show any symptoms**

9. Medical help

Medical service is provided by professional medical staff. If you notice someone in need for medical help, please notify medical workers, organizers or call 112 for emergency. It is not allowed to participate when feeling bad.

10. Information and results

Information and results will be posted on the following websites: www.tartusuusaklubi.ee and EVIKO Suusarull Facebook page.

Preliminary results are published on www.tartusuusaklubi.ee

Protests must be submitted to the secretariat no later than 15 minutes after the publication of preliminary results.

11. Ranking

Four best results are taken into account for the series overall ranking.

Final positions on each stage give points as follows: I-30, II-25, III-21, IV-18, V-17, VI-16, VII-15, VIII-14, IX-13, X-12, XI-11, XII-10, XIII-9, XIV-8, XV-7, XVI-6, XVII-5, XVIII-4, XIX-3, XX-2, XXI and other positions each get 1 point. The winner of EVIKO Suusarull series is the racer with most points. In case of equal points, the winner is the one with most first places. In case these are equal, the winner is the one with better places on stages. In case these are equal as well, the winner is the one with a better place on the last stage.

12. Prizes

The stage winners of each age group will be given prizes. The five best in youth groups are honored with diplomas and presents from sponsors. The three overall best in the series ranking will receive prizes. The series summary will be awarded if at least four stages have taken place.

13. Personal data

By registering, each participant confirms that his/her name, age group and results can be publicly displayed and the organizers have the right to use any photographic and video material of him/her for promoting the event.

14. Additional information

All issues not discussed in this guide will be solved by organizing committee. Organizers will follow present rules, but have the right to change them, if it is in the best interest of the race and competitors.

15. Organizers

MTÜ Tartu Suusaklubi

The team:

Kristjan Külm +372 55 522 426 the race manager
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Name sponsor: