



EVIKO Suusarull 2017

General Rules

1. Purpose and target

EVIKO Suusarull is a rollerskiing competition series consisting of 5 stages, which are suitable for skiers in all ages and skill levels. The purpose of this series is promoting rollerskiing among children, amateur and professional athletes.

2. Stages and schedule

Date	Place	Technique	Race format
04.06.2017	TERMINAL stage	Classic	Uphill
	Põlva		
09.07.2017	Lillepi Park, Tallinn	Classic	Mass start
30.07.2017	Nevene Rollerski Marathon	Free	Marathon
	Jõulumäe Sportscentre, Pärnumaa		Mass start
27.08.2017	Holstre-Polli Sportscentre, Viljandimaa	Free	Interval start
17.09.2017	DECORA Tartu Sügisrull	Run + free	Mass start

Every stage will have its own detailed rules, which will be published two weeks before the stage. If there are conflicts between general rules and stage rules, the latter one is superior.

3. Age groups

W12 (born between 2005-2006), **M12** (2005-2006), **W14** (2003-2004), **M14** (2003-2004), **W16** (2001-2002), **M16** (2001-2002), **W20** (1997-2000), **W** (1983-1996), **M20** (1997-2000), **M** (1973-1996), **W35+** (born 1982 or earlier) ja **M45+** (born 1972 or earlier).

Participants born later than 2006 have to present a written permission from a parent or coach. Organisers have the right to re-arrange age groups according to the number of registered participants.

4. Equipment

Restrictions for equipment:

Free techniques rollerskis:

- Participating in age groups W/M 12, W/M 14, W/M 16, W20, W and W35+ is allowed only on Start Skating 71 or Pro Ski S2 (max wheel diameter 71 mm and width 30 mm) rollerskis.
- Participating in age groups **M20**, **M** and **M45+** is allowed only on rollerskis with length between the wheels not less than 530 mm and with 100 mm diameter rubber wheels, which are not rolling faster than skis on normal snow (e.g. Swenor Skate Elite wheels no 2 or slower). These restrictions are not valid for Nevene rollerski marathon (stage no 3) for which rules are defined in the more specific stage rules.

Classic techniques rollerskis:

Participating is allowed only on rollerskis with length between the wheels not less than 530 mm, which minimum width of the rubber wheels is 38 mm and which are not rolling faster than skis on normal snow (e.g. Swenor Fibreglass Cap wheels no 2, Elpex, Pro-Ski (Swix) C2 or slower).

- Organisers are checking personal rollerskis before each race to make sure they qualify. Competing with rollerskis that do not qualify is not allowed.
- It is compulsory to use ski poles.
- Rollerskis need to have ski bindings.
- Ski boots have to be attached to rollerskis using ski bindings.

It is possible to rent rollerskis (price per stage is 10€ / a set). Please apply when registering.

5. Registering

Pre-registering:

- for all stages May 31st 2017
- for each stage not later than the last Wednesday before the race

For registering please fill the form in the website www.tartusuusaklubi.ee

6. Entry fees

Entry fee for each stage:

- Years of birth 1997 and later pre-registered 5€ (registering after May 31st and in the start 10€)
- Years of birth 1996 and earlier pre-registered 12€ (registering after May 31st and in the start 25€)

Entry fee for all stages if you pre-register and pay before May 31st:

- Years of birth 1997 and later 20€
- Years of birth 1996 and earlier 48€

The entry fee has to be paid on the MTÜ Tartu Suusaklubi bank account EE402200221010980313 in Swedbank, marking EVIKO Suusarull and participant's name as an explanation. You can also pay in cash at the start when receiving your start number. In case you cannot participate, the entry fee will not be refunded.

The entry fee provides marked race tracks, start number, timekeeping, result in the finish protocol, medical help, if needed.

7. Safety

Participants must ware helmet and glasses during the race. Racers without helmet and/or glasses are not allowed to start. Racers without helmet are disqualified. It is also recommended to use additional protective gear. All participants will compete on their own responsibility. The track is closed for traffic. All participants remarkably slower or left behind have to move to the right side of the road and let other racers pass without complications. Double poling has to be used, when necessary. It is presumed that participants won't do any dangerous moves and avoid pushing. Clear violators are disqualified.

8. Responsibility

Everybody whose physical form and training allows covering their race distance can participate at EVIKO Suusarull. By registering, each participant confirms that he/she has read and fully understands these rules and competes at his/her own risponsibility. Responsibility for minors is covered by their parents. It is highly recommended to have a health insurance. Organisers are not responsible for any health concerns, accidents, loss or breakage of personal equipment.

9. Medical help

Medical service is provided by professional medical staff. If you notice someone in need for medical help, please notify medical workers, organisers or call 112 for emergency. It is not recommended to participate when feeling bad.

10. Information and results

Information and results will be posted on the following websites: www.tartusuusaklubi.ee and EVIKO Suusarull Facebook page.

Preliminary results are published at the race site and on www.tartusuusaklubi.ee

Protests must be submitted to the secretariat no later than 15 minutes after the publication of preliminary results.

11. Ranking

Final positions on each stage give points as follows: I-30, II-25, III-21, IV-18, V-17, VI-16, VII-15, VIII-14, IX-13, X-12, XI-11, XII-10, XIII-9, XIV-8, XV-7, XVI-6, XVII-5, XVIII-4, XIX-3, XX-2, XXI and other positions each get 1 point.

The winner of EVIKO Suusarull series is the racer with most points. In case of equal points, the winner is the one with most first places. In case these are equal, the winner is the one with better places on stages. In case these are equal as well, the winner is the one with a better place on the last stage.

Four best results out of five are taken into account for the series overall ranking, must be started at least in four stages.

12. Prizes

The stage winners of each age group will be given prizes. The five best in youth groups are honoured with diplomas and presents from sponsors. The three overall best in the series ranking will receive prizes.

13. Personal data

By registering, each participant confirms that his/her name, age group and results can be publicly displayed and the organisers have the right to use any photographic and video material of him/her for promoting the event.

14. Additional information

All issues not discussed in this guide will be solved by organising commitee. Organisers will follow present rules, but have the right to change them, if it is in the best interest of the race and competitiors.

15. Organisers

MTÜ Tartu Suusaklubi amateur skiers

The team:

 Andres Nurk
 +372 51 46 181
 the race manager

 Ave Nurk
 +372 51 56 160
 registering, fees

 Kristjan Külm
 +372 55 522 426
 equipment and tracks

 Airi Undrits
 +372 53 448 521
 secretary

e-mail: suusarull@suusaklubi.ee

Name sponsor

